

# World KITCHEN.

12 Apr 3 May, 24 May, 14 Jun, 5 Jul, 26 Jul,  
16 Aug, 6 Sep, 27 Sep, 18 Oct



## WEEK ONE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### TRADITIONAL DISH

#### Spicy Chicken Carbonara

Whole Grain Penne,  
Garlic Bread &  
Green Salad

#### Cheeseburger

Oven Baked Paprika  
Wedges & Ranch  
Slaw

#### Roast Chicken and Stuffing Bap or Roast Chicken

Roasties,  
Vegetables  
& Gravy

#### Beef Burrito

Mexican Slaw  
Corn Cobette

#### Battered Fish

Chip Shop Curry  
Sauce, Chips &  
Mushy Peas

### VEGGIE DISH



#### Vegan Bolognese

Whole Grain Penne,  
Garlic Bread &  
Green Salad

#### Spicy Bean Burger

Oven Baked Paprika  
Wedges & Ranch  
Slaw

#### Aubergine Parmigiana

Roasties,  
Fresh Vegetables  
& Gravy

#### Ancho Jackfruit Burrito

Mexican Slaw  
Corn Cobette

#### Quorn Dog

Chip Shop Curry  
Sauce, Chips &  
Mushy Peas

### Hot DELI.

#### Ham & Cheese Panini

Served with Salad

#### Southern Fried Chicken Wrap

Served with Salad

#### Margherita Pizza

Served with Salad

#### Fish Cake Bap

Served with Wedges

#### Chicken Tikka Wrap

Served with Salad

### DELICIOUS DESSERTS

#### Apple Crumble & Custard

#### Chocolate Brownie

#### Pineapple Cake & Custard

#### Mexican Chocolate Pudding

#### Yoghurt, Granola & Peaches

All meat used is certified Halal

# World KITCHEN.

19 Apr, 10 May, 31 May, 21 Jun, 12 Jul,  
2 Aug, 23 Aug, 13 Sep, 4 Oct



## WEEK TWO

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

TRADITIONAL  
DISH

### Beef Meatball Marinara

Whole Grain Fusilli,  
Garlic Bread &  
Green Salad

### Pomegranate Chicken

Jewelled Couscous  
& Citrus Salad

### Roast Beef

Roasties, Savoy  
Cabbage & Gravy

### Chicken Kathi Roll

Turmeric Rice,  
Coconut &  
Chickpea Salad

### Battered Fish

Homemade Tartare,  
Chips &  
Mushy Peas

VEGGIE  
DISH



### Quorn Meatball Marinara

Whole Grain Fusilli,  
Garlic Bread &  
Green Salad

### Lebanese Falafel Khobez

Jewelled Couscous  
& Citrus Salad

### Potato and Spinach Frittata

Roasties, Savoy  
Cabbage & Gravy

### Rajasthan Watermelon Curry

Turmeric Rice,  
Coconut &  
Chickpea Salad

### Cheesy Baked Bean Wrap

Chips & Peas

Hot DELI.

### Chicken Goujon Wrap

Served with Salad

### BBQ Hot Dogs

Served with  
Wedges

### Italian Chicken Pizza

Served with Salad

### Fish Finger Bap

Served with Side  
Salad

### Chicken Fajita

Served with Salad

DELICIOUS  
DESSERTS

### Apple Brown Betty & Custard

### Orange and Cinnamon Polenta Cake

### Mango and Coconut Slice

### Indian Kulfi Ice Cream

### Frozen Banana Mousse Pot

All meat used is certified Halal

### WEEK THREE

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**TRADITIONAL  
DISH**

**Beef Chilli**

Firecracker Rice,  
Salsa & Guac

**Chicken  
Shawarma**

Khobez  
Fattoush Salad

**Roast Turkey  
Baguette or  
Roast Turkey**

Roasties,  
Fresh Vegetables  
and Gravy

**Chicken Chow  
Mein**

Five Spice Cauli  
Bites

**Battered Fish**

Homemade Tartare,  
Chips &  
Mushy Peas

**VEGGIE  
DISH**



**Vegan Chilli**

Firecracker Rice,  
Salsa & Guac

**Chicken Style  
Pitta Kebab**

Fattoush Salad

**Smoked Cheese  
and Onion Slice**

Roasties,  
Fresh Vegetables

**Teriyaki Tofu  
Noodles**

Five Spice Cauli  
Bites

**Vegan Sausage  
Roll**

Chips &  
Mushy Peas

**Hot DELI.**

**Cajun Chicken  
Wrap**

Served with Salad

**BBQ Chicken  
Panini**

Served with Wedges

**Pepperoni Pizza**

Served with Salad

**Mexican  
Chicken Wrap**

Served with Side  
Salad

**Chicken Burger**

Served with Salad

**DELICIOUS  
DESSERTS**

**Chocolate  
Cornflake Crispy**

**Golden Syrup  
Sponge &  
Custard**

**Oaty Apple  
Crunch**

**Caramelised  
Bananas and  
Toffee Sauce**

**Lemon and  
Sultana Cookie**

*All meat used is certified Halal*

# SOCIAL KITCHEN

• BY ASPENS •

12 Apr 3 May, 24 May, 14 Jun, 5 Jul, 26 Jul,  
16 Aug, 6 Sep, 27 Sep, 18 Oct

SO  
GLOBAL

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>Spicy Chicken Carbonara</b> Wholegrain Penne, Garlic Bread and Green Salad	<b>Cheeseburger</b> Oven Baked Paprika Wedges and Ranch Slaw	<b>Roast Chicken and Stuffing Bap or Roast Chicken</b> Roasties, Fresh Vegetables and Gravy	<b>Beef Burrito</b> Mexican Slaw Corn Cobette	<b>Battered Fish Dog</b> Chip Shop Curry Sauce, Chips and Mint Crushed Peas

SO  
VEGGIE

	<b>Vegan Bolognese</b> Wholegrain Penne, Garlic Bread and Green Salad	<b>Spicy Bean Burger</b> Oven Baked Paprika Wedges and Ranch Slaw	<b>Aubergine Parmigiana</b> Roasties, Fresh Vegetables and Gravy	<b>Ancho Jackfruit Burrito</b> Mexican Slaw Corn Cobette	<b>Quorn Dog</b> Chip Shop Curry Sauce, Chips and Mint Crushed Peas
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SO  
DELI

	<b>Ham &amp; Cheese Panini</b> Served with Salad	<b>Southern Fried Chicken Wrap</b> Served with Salad	<b>Margherita Pizza</b> Served with Salad	<b>Fish Cake Bap</b> Served with Wedges	<b>Chicken Tikka Wrap</b> Served with Salad
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SO  
TEMPTING

	<b>Apple Crumble &amp; Custard</b>	<b>Chocolate Brownie</b>	<b>Pineapple Cake &amp; Custard</b>	<b>Mexican Chocolate Pudding</b>	<b>Yoghurt, Granola &amp; Peaches</b>
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All meat used is certified Halal

WEEK ONE

# SOCIAL KITCHEN

• BY ASPENS •

19 Apr, 10 May, 31 May, 21 Jun, 12 Jul,  
2 Aug, 23 Aug, 13 Sep, 4 Oct

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SO GLOBAL</b>	<b>Beef Meatball Marinara</b> Whole Grain Fusilli, Garlic Bread and Green Salad	<b>Pomegranate Chicken</b> Jewelled Couscous and Citrus Salad	<b>Roast Beef Yorkshire Wrap</b> Roasties, Savoy Cabbage and Gravy	<b>Chicken Kathi Roll</b> Turmeric Rice, Coconut and Chickpea Salad	<b>Fiery Battered Fish</b> Homemade Tartare, Chips and Peas
<b>SO VEGGIE</b>	<b>Quorn Meatball Marinara</b> Whole Grain Fusilli, Garlic Bread and Green Salad	<b>Lebanese Falafel Khobez</b> Jewelled Couscous and Citrus Salad	<b>Potato and Spinach Frittata</b> Roasties, Savoy Cabbage and Gravy	<b>Rajasthan Watermelon Curry</b> Turmeric Rice, Coconut and Chickpea Salad	<b>Cheesy Baked Bean Wrap</b> Chips and Peas
<b>SO DELI</b>	<b>Chicken Goujon Wrap</b> Served with Salad	<b>BBQ Hot Dogs</b> Served with Wedges	<b>Italian Chicken Pizza</b> Served with Salad	<b>Fish Finger Bap</b> Served with Side Salad	<b>Chicken Fajita</b> Served with Salad
<b>SO TEMPTING</b>	<b>Apple Brown Betty &amp; Custard</b>	<b>Orange and Cinnamon Polenta Cake</b>	<b>Mango and Coconut Slice</b>	<b>Indian Kulfi Ice Cream</b>	<b>Frozen Banana Mousse Pot</b>

All meat used is certified Halal

WEEK TWO

# SOCIAL KITCHEN

• BY ASPENS •

26 Apr, 17 May, 7 Jun, 28 Jun, 19 Jul,  
9 Aug, 30 Aug, 20 Sep, 11 Oct

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>SO GLOBAL</b>	<b>Beef Chilli</b> Firecracker Rice, Salsa and Guac	<b>Chicken Shawarma</b> Khobez Fattoush Salad	<b>Roast Turkey Baguette or Roast Turkey</b> Roasties, Fresh Vegetables and Gravy	<b>Chicken Chow Mein</b> Five Spice Cauli Bites	<b>Fish Finger Sandwich</b> Salmon or Pollock, Homemade Tartare, Chips and Mushy Peas
<b>SO VEGGIE</b>	<b>Vegan Chill</b> Firecracker Rice, Salsa and Guac	<b>Chicken Style Pitta Kebab</b> Fattoush Salad	<b>Smoked Cheese and Onion Slice</b> Roasties, Fresh Vegetables	<b>Teriyaki Tofu Noodles</b> Five Spice Cauli Bites	<b>Vegan Sausage Roll</b> Chips and Mushy Peas
<b>SO DELI</b>	<b>Cajun Chicken Wrap</b> Served with Salad	<b>BBQ Chicken Panini</b> Served with Wedges	<b>Pepperoni Pizza</b> Served with Salad	<b>Mexican Chicken Wrap</b> Served with Side Salad	<b>Chicken Burger</b> Served with Salad
<b>SO TEMPTING</b>	<b>Chocolate Cornflake Crispy</b>	<b>Golden Syrup Sponge &amp; Custard</b>	<b>Oaty Apple Crunch</b>	<b>Caramelised Bananas and Toffee Sauce</b>	<b>Lemon and Sultana Cookie</b>

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WEEK THREE