

FOOD FESTIVAL

By Aspens

WEEK ONE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Event

Deli Ham Salad Sandwich

Wholemeal bread with sliced ham, tomato, lettuce & Cucumber.

Chicken & Tomato Pasta Pot

Diced chicken in homemade tomato & basil sauce

Just Chicken Tortilla Wrap

Chicken fillet sliced and wrapped in a corn tortilla wrap

Tuna Crunch Pasta

Whole wheat pasta with crunchy peppers, spring onion, sweetcorn mixed with tuna & Mayo

Ham Salad Pitta

Chopped ham and mixed salad served in a pitta bread

Vegetarian Section

Deli Cheese Salad Sandwich

Wholemeal bread with tasty cheese, tomato, lettuce & Cucumber

Tomato & Basil Pasta Pot

Fusilli pasta with herby tomato sauce and fresh basil

Egg Tortilla Wrap

Sliced egg & shredded iceberg lettuce in a corn tortilla wrap

Spring Crunch Pasta

Crunchy peppers, spring onions, sweetcorn mixed with pasta and mayo

Pea & Mint Falafel Pitta

Pea & Mint falafel with mixed salad served in a pitta bread with yoghurt & mint dressing

**Fresh Carrot, Cucumber, Cherry Tomatoes and Pepper Crudités served each day.
Fresh Fruit portions served daily**

The Finale

Homemade Flapjack

Oats and syrup baked in a chewy bar

Chocolate Cookie

Reduced sugar chocolate chewy cookie

Strawberry Mousse

Creamy strawberry flavoured mousse

Carrot & Pineapple Muffin

Spiced with cinnamon

Jelly Pot

Fruit Jelly

FOOD FESTIVAL

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WEEK TWO

MONDAY

TUESDAY

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THURSDAY

FRIDAY

Main Event

Ham Salad Tortilla Wraps

Sliced ham with fresh salad served in a tortilla wrap

Cheese & Ham Pasta Pot

Chopped ham and grated mature cheddar mixed with fusilli pasta and mayonnaise

Tuna & Cucumber Sandwich

Wholemeal bread with Tuna mixed with mayo and sliced cucumber

Chicken Crunch pasta

Diced chicken, spring onions, peppers mixed with wholemeal pasta & mayo

Classic Savoury Cheese Wrap

Grated mature cheddar with spring onion mixed with mayo served in a tortilla wrap with iceberg lettuce

Vegetarian Section

Cheese Salad Tortilla Wrap V

Grated mature cheddar with fresh salad served in a tortilla wrap

Cheese pasta V

Fusilli pasta mixed with fresh tomato sauce and mixed with mature grated cheese

Egg & Cucumber Sandwich

Wholemeal bread with chopped egg in mayonnaise and sliced cucumber V

Spring Crunch Pasta

Chopped onion, pepper and cucumber mixed with wholemeal pasta in mayo V

Classic Savoury Cheese Wrap

Grated mature cheddar with spring onion mixed with mayo served in a tortilla wrap with iceberg lettuce V

**Fresh Carrot, Cucumber, Cherry Tomatoes and Pepper Crudités served daily.
Fresh Fruit Portions served Daily.**

The Finale

Lemon cookie

Zesty lemon cookie

Banana Muffin

Spiced with mixed spice

Jelly Pot

Fruit Jelly

Chocolate Mousse

Chocolate flavoured mousse

Yoghurt Pot

Zingy fruit yoghurt