

7th Sept, 28th Sept, 19th Oct, 9th Nov, 30th Nov, 21st Dec

WEEK ONE

MONDAY
Family Faves

TUESDAY
Authentic Italian

WEDNESDAY
Baking British

THURSDAY
Food Festival

FRIDAY
Fun Day

Main Event

Bangers & Mash
Pork chipolata served with mash, green beans and gravy ▲

Margherita Pizza
Cheesy tomato topped pizza with seasonal salad and garlic slice ▼

Roast Chicken
Boneless chicken with crispy roasties fresh cauliflower and gravy ▲

Chicken Curry
Marinated chicken thigh pieces in a mild curry sauce with rice and fresh courgettes ▲

Fish Fingers
Golden breaded Pollock or Salmon fish fingers with chips and peas

Vegetarian Section

Quorn Bangers
Quorn sausages with mash, green beans and gravy ▼

Pasta Napolitan
Wholemeal Penne, tomato sauce seasonal salad and garlic slice ▼

Cheese Pinwheels
Toasty cheese spirals with crispy roasties and cauliflower ▼

Sweet Potato Balti
Lightly spiced sweet potato, chickpea and lentil curry with rice and fresh courgettes ▼

Picnic Pitta
Quorn dippers and minty cucumber salad with chips and pitta pocket ▼

Packed Lunch

Pick and Mix Deli
Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit ■

Jacket Potatoes

Crispy Skin Jacket Potato with Toppings ◆

The Finale

Tutti Frutti Sponge
Dried fruit and cherry cake served with custard

Sticky Orange Cake
Zingy orange cake made with polenta

Cheesecake
Biscuit base with soft cheese and fruity topping

Chocolate Brownie
Served with Orange Slices

Cookie and Shake
Oat Cookie & Chocolate Milkshake

14th Sept, 5th Oct, 26th Oct, 16th Nov, 7th Dec

WEEK
TWO

	MONDAY Family Faves	TUESDAY Authentic Italian	WEDNESDAY Baking British	THURSDAY Food Festival	FRIDAY Fun Day
Main Event	All Day Breakfast Grilled pork sausage, baked beans, tomato and hash brown with bread and butter ▲	Firecracker Pizza Healthy pizza with a hint of chilli with mixed salad and wedges ▼	Baked Gammon Baked gammon with crispy roasties, broccoli and gravy ▲	Chicken Korma Marinated chicken thigh pieces in coconut curry sauce with rice and sweetcorn ▲	Breaded Pollock Lightly breaded white fish fillet chips and peas
Vegetarian Section	Veggie All Day Breakfast Veggie sausage, baked beans, tomato and hash brown with bread and butter ▼	Pasta Bake Wholemeal Pasta with fresh basil tomato sauce and cheese with wedges ▼	Cheddar Quiche Wholemeal pastry with cheese and onion filling with crispy roasties and broccoli ▼	Cauliflower Jalfrezi Lightly spiced cauliflower and lentil curry with rice and sweetcorn ▼	Beany Wrap Wholemeal wrap stuffed with baked beans and cheese ▼
Packed Lunch	Pick and Mix Deli Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit ■				
Jacket Potatoes	Crispy Skin Jacket Potato with Toppings ◆				
The Finale	Banana Loaf Fruity banana bread cake	Anginetti Italian lemon drop biscuits	Eton Mess Crushed meringue and berry rippled cream	Carrot and Pineapple Muffin Spiced with Cinnamon	Cookie and Shake Ginger Cookie and Vanilla Honey Shake

September
2020

FOOD FESTIVAL

By Aspens

31st Aug, 21st Sept, 12th Oct, 2nd Nov, 23rd Nov, 14th Dec

WEEK
THREE

MONDAY Family Faves

Pizza Whirl

Cheesy pizza roll with
tomato filling
cobb salad and
wedges ✓

Main
Event

TUESDAY Authentic Italian

Lasagne

Beef Bolognese
layered with pasta
topped with white
sauce, garlic slice and
house salad ▲

WEDNESDAY Baking British

Roast Chicken

Boneless chicken with
mash, fresh carrots
and gravy ▲

THURSDAY Food Festival

Chinese Chicken Curry

Marinated chicken
thighs with curry
sauce and rice ▲

FRIDAY Fun Day

Fishcakes

Mini white fish
fishcakes with chips
and peas

Vegetarian
Section

Macaroni Cheese

Baked cheesy pasta
with a crunchy
topping and mixed
salad and wedges ✓

Vegetable Lasagne

Roasted Vegetables
layered with pasta
topped with white
sauce, garlic slice and
house salad ✓

Quorn Roast

Quorn with mash,
fresh carrots
and gravy ✓

Beany Enchilada

Mild chilli beans,
peppers and onions
with rice and
sweetcorn ✓

Vegan Sausage Puff

Quorn sausage
wrapped in puff pastry
with chips and peas ✓

Packed
Lunch

Pick and Mix Deli

Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit ■

Jacket
Potatoes

Crispy Skin Jacket Potato with Toppings ◆

The Finale

Italian Crumble Cake

Crumble top and
bottom filled with
apples served with
custard

Jelly and Fruit

Fruit flavoured jelly
with extra fruit

Ice Cream Tub

Vanilla ice cream with
fruity toppings

Apple Flapjack

Oats, apples and
syrup home baked in
a chewy bar

Cookie and Shake

Lemon Cookie and
Berry Milkshake

▲ Meat ✓ Veggie ◆ Jacket Potato ■ Packed Lunch