## WEEK ONE

### Main Event

<table>
<thead>
<tr>
<th>Monday</th>
<th>TUESDAY</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Family Faves</strong></td>
<td><strong>Authentic Italian</strong></td>
<td><strong>Back to British</strong></td>
<td><strong>Food Festival</strong></td>
<td><strong>Fun Day</strong></td>
</tr>
<tr>
<td>Bangers &amp; Mash</td>
<td>Margherita Pizza</td>
<td>Roast Chicken</td>
<td>Chicken Curry</td>
<td>Fish Fingers</td>
</tr>
<tr>
<td>Pork chipolata served with mash, green beans and gravy</td>
<td>Cheesy tomato topped pizza with seasonal salad and garlic slice</td>
<td>Boneless chicken with crispy roasties fresh cauliflower and gravy</td>
<td>Marinated chicken thigh pieces in a mild curry sauce with rice and fresh courgettes</td>
<td>Golden breaded Pollock fish fingers with chips and peas</td>
</tr>
</tbody>
</table>

### Vegetarian Section

<table>
<thead>
<tr>
<th>Monday</th>
<th>TUESDAY</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Quorn Bangers</strong></td>
<td><strong>Pasta Napolitan</strong></td>
<td><strong>Cheese Pinwheels</strong></td>
<td><strong>Sweet Potato Balti</strong></td>
<td><strong>Picnic Pitta</strong></td>
</tr>
<tr>
<td>Quorn sausages with mash, green beans and gravy</td>
<td>Wholemeal Penne, tomato sauce seasonal salad and garlic slice</td>
<td>Toasty cheese spirals with crispy roasties and cauliflower</td>
<td>Lightly spiced sweet potato, chickpea and lentil curry with rice and fresh courgettes</td>
<td>Quorn dippers and minty cucumber salad with chips and pitta pocket</td>
</tr>
</tbody>
</table>

### Packed Lunch

**Pick and Mix Deli**
- Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit
- **Crispy Skin Jacket Potato with Toppings**

### The Finale

<table>
<thead>
<tr>
<th>Tutti Frutti Sponge</th>
<th>Sticky Orange Cake</th>
<th>Cheesecake</th>
<th>Chocolate Brownie</th>
<th>Cookie</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dried fruit and cherry cake served with custard</td>
<td>Zingy orange cake made with polenta</td>
<td>Biscuit base with soft cheese and fruity topping</td>
<td>Served with Orange Slices</td>
<td>Oat Cookie</td>
</tr>
</tbody>
</table>

---

▲ Meat  ▼ Veggie  ◆ Jacket Potato  ■ Packed Lunch
<table>
<thead>
<tr>
<th>Week Two</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Main Event</strong></td>
<td><strong>Family Faves</strong>&lt;br&gt;All Day Breakfast&lt;br&gt;Grilled pork sausage, baked beans, tomato and hash brown with bread and butter</td>
<td><strong>Authentic Italian</strong>&lt;br&gt;Firecracker Pizza&lt;br&gt;Healthy pizza with a hint of chilli with mixed salad and wedges</td>
<td><strong>Backing British</strong>&lt;br&gt;Baked Gammon&lt;br&gt;Baked gammon with crispy roasties, broccoli and gravy</td>
<td><strong>Food Festival</strong>&lt;br&gt;Chicken Korma&lt;br&gt;Marinated chicken thigh pieces in coconut curry sauce with rice and sweetcorn</td>
<td><strong>Fun Day</strong>&lt;br&gt;Breaded Pollock&lt;br&gt;Lightly breaded white fish fillet chips and peas</td>
</tr>
<tr>
<td><strong>Vegetarian Section</strong></td>
<td><strong>All Day Breakfast</strong>&lt;br&gt;Veggie sausage, baked beans, tomato and hash brown with bread and butter</td>
<td><strong>Pasta Bake</strong>&lt;br&gt;Wholemeal Pasta with fresh basil tomato sauce and cheese with wedges</td>
<td><strong>Cheddar Quiche</strong>&lt;br&gt;Wholemeal pastry with cheese and onion filling with crispy roasties and broccoli</td>
<td><strong>Cauliflower Jalfrezi</strong>&lt;br&gt;Lightly spiced cauliflower and lentil curry with rice and sweetcorn</td>
<td><strong>Beany Wrap</strong>&lt;br&gt;Wholemeal wrap stuffed with baked beans and cheese</td>
</tr>
<tr>
<td><strong>Packed Lunch</strong></td>
<td><strong>Pick and Mix Deli</strong>&lt;br&gt;Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit</td>
<td><strong>Crispy Skin Jacket Potato with Toppings</strong>&lt;br&gt;</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Jacket Potatoes</strong></td>
<td><strong>Banana Loaf</strong>&lt;br&gt;Fruity banana bread cake</td>
<td><strong>Anginetti</strong>&lt;br&gt;Italian lemon drop biscuits</td>
<td><strong>Eton Mess</strong>&lt;br&gt;Crushed meringue and berry rippled cream</td>
<td><strong>Carrot and Pineapple Muffin</strong>&lt;br&gt;Spiced with Cinnamon</td>
<td><strong>Cookie</strong>&lt;br&gt;Ginger Cookie</td>
</tr>
</tbody>
</table>
### Main Event

<table>
<thead>
<tr>
<th>Week Three</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Family Faves</strong></td>
<td>Pizza Whirl</td>
<td>Lasagne</td>
<td>Roast Chicken</td>
<td>Chinese Chicken Curry</td>
<td>Fish Fingers</td>
</tr>
<tr>
<td>Cheesy pizza roll with tomato filling, cobb salad and wedges</td>
<td>Beef Bolognese layered with pasta topped with white sauce, garlic slice and house salad</td>
<td>Boneless chicken with mash, fresh carrots and gravy</td>
<td>Marinated chicken thighs with curry sauce and rice</td>
<td>Salmon fish fingers with chips and peas</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Vegetarian Section</strong></th>
<th>Vegetable Lasagne</th>
<th>Quorn Roast</th>
<th>Beany Enchilada</th>
<th>Vegan Sausage Puff</th>
</tr>
</thead>
<tbody>
<tr>
<td>Baked cheesy pasta with a crunchy topping and mixed salad and wedges</td>
<td>Roasted Vegetables layered with pasta topped with white sauce, garlic slice and house salad</td>
<td>Quorn with mash, fresh carrots and gravy</td>
<td>Mild chilli beans, peppers and onions with rice and sweetcorn</td>
<td>Quorn sausage wrapped in puff pastry with chips and peas</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Packed Lunch</strong></th>
<th>Pick and Mix Deli</th>
</tr>
</thead>
<tbody>
<tr>
<td>Freshly filled sandwich or roll, healthy snack, home bake and piece of fruit</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>Jacket Potatoes</strong></th>
<th>Crispy Skin Jacket Potato with Toppings</th>
</tr>
</thead>
<tbody>
<tr>
<td>Italian Crumble Cake</td>
<td>Crumble top and bottom filled with apples served with custard</td>
</tr>
<tr>
<td>Jelly and Fruit</td>
<td>Fruit flavoured jelly with extra fruit</td>
</tr>
<tr>
<td>Ice Cream Tub</td>
<td>Vanilla ice cream with fruity toppings</td>
</tr>
<tr>
<td>Apple Flapjack</td>
<td>Oats, apples and syrup home baked in a chewy bar</td>
</tr>
<tr>
<td>Cookie</td>
<td>Lemon Cookie</td>
</tr>
</tbody>
</table>