

Cold
DELI.

World KITCHEN.

Hot
DELI.

THIS WEEK'S MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

VEGETARIAN BRUNCH

HANDMADE
VEGETABLE PATTIE,
FRITTATA, BEANS &
TOMATO

CAULIFLOWER & BROCCOLI CHEESE

WITH HERBY
BREAD

QUORN ROAST

WITH GRAVY
& POTATOES

PASTA BAR WITH SELECTION OF HOMEMADE SAUCES

MINI CHEESE PINWHEEL

WITH CHIPS &
TOMATO SAUCE

BRUNCH (MEAT)

HANDMADE
PORK PATTIE,
FRITTATA, BEANS
& TOMATO

BEEF LASAGNE

ROAST CHICKEN

WITH
STUFFING,
GRAVY &
POTATOES

TOMATO & BASIL
BEEF BOLOGNESE
CARBONARA WITH
HAM

GOLDEN FISH FINGERS

(COD &
SALMON)
WITH CHIPS

PINEAPPLE UPSIDE DOWN CAKE

TUTTI FRUTTI TUESDAY

STRAWBERRY
MOUSSE & FRUIT

CHEESE & CRACKERS

WITH FRUIT

WINTER SPONGE

APPLE FLAPJACK

GRAB YOURSELF A

**COLD
DRINK**

HEALTHY

**SANDWICHES
& WRAPS**

ENJOY

**FRESH
FRUIT**

TUCK INTO A

**DESSERT
POT**

GET STUCK INTO

**HOT
PANINIS**

**STREET FOOD
MARKET**

AT ASPENS



FILLED

**JACKET
POTATOES**

Option 5

SERVED WITH SEASONAL
VEGETABLES OR SALAD

WEEK ONE

3rd Sept, 24th Sept, 15th Oct, 5th Nov, 26th Nov, 17th Dec

Aspens

Cold
DELI.

World KITCHEN.

Hot
DELI.

THIS WEEK'S MENU

MONDAY

**SWEET POTATO
& CHICKPEA
CURRY**
WITH WHOLEMEAL
RICE

**PORK
SAUSAGE**
WITH MASH
& GRAVY

**CARROT
MUFFIN**

TUESDAY

**CHEESE,
POTATO &
LEEK BAKE**
WITH BAKED
BEANS

**BBQ
CHICKEN
BURRITO**

**TUTTI FRUTTI
TUESDAY**
YOGHURT, FRUIT &
CRUNCHY TOPPINGS

WEDNESDAY

**SHEPHERDESS
HOTPOT**
WITH GRAVY

**ROAST
PORK**
WITH GRAVY
& POTATOES

FRUIT CRUMBLE
WITH CUSTARD

THURSDAY

**MACARONI
CHEESE**
WITH HERBY
BREAD

**CHICKEN
CURRY**
WITH
WHOLEMEAL
RICE

**CHOCOLATE
CRUNCH**

FRIDAY

**QUORN
MEATBALL SUB**
WITH HOMEMADE
TOMATO SAUCE

**BATTERED
FISH**
WITH CHIPS

**SULTANA AND
OAT COOKIE**
WITH FRUIT SLICES

Option 5

GRAB YOURSELF A

**COLD
DRINK**

HEALTHY

**SANDWICHES
& WRAPS**

ENJOY

**FRESH
FRUIT**

TUCK INTO A

**DESSERT
POT**

GET STUCK INTO

**HOT
PANINIS**

**STREET FOOD
MARKET**
AT ASPENS



FILLED

**JACKET
POTATOES**

SERVED WITH SEASONAL
VEGETABLES OR SALAD

WEEK TWO
10th Sept, 1st Oct, 22nd Oct, 12th Nov, 3rd Dec

Aspens

Cold
DELI.

World KITCHEN.

Hot
DELI.

THIS WEEK'S MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

HOMEMADE PIZZA
VEGETARIAN
TOPPINGS

**VEGETABLE
LASAGNE**

**QUORN TOAD
IN THE HOLE**
WITH GRAVY &
POTATOES

**CRISPY TOPPED
VEGETARIAN
PIE**

**CHEESE & BEAN
WRAP**
WITH CHIPS

**HOMEMADE
PIZZA**
MEAT TOPPINGS

**CHICKEN &
VEGETABLE
PIE**
WITH MASH

**ROAST
TURKEY**
WITH
STUFFING,
GRAVY AND
POTATOES

**HOMEMADE
BEEFBURGER**
WITH OVEN
BAKED
WEDGES

**GOLDEN
FISH
FINGERS
(COD &
SALMON)**
WITH CHIPS

**SHORTBREAD
BISCUIT**
WITH FRUIT SLICES

**TUTTI FRUTTI
TUESDAY**
YOGHURT, FRUIT &
CRUNCHY
TOPPINGS

**APPLE &
BANANA CAKE**
WITH CUSTARD

**WINTERBERRY
CHEESECAKE**

**JAMAICAN
GINGER CAKE**

Option 5

SERVED WITH SEASONAL
VEGETABLES OR SALAD

WEEK THREE
27th Aug, 17th Sept, 8th Oct, 29th Oct, 19th Nov, 10th Dec

Aspens


GRAB YOURSELF A

**COLD
DRINK**

HEALTHY

**SANDWICHES
& WRAPS**

ENJOY

**FRESH
FRUIT**

TUCK INTO A

**DESSERT
POT**

GET STUCK INTO

**HOT
PANINIS**

**STREET FOOD
MARKET**
AT ASPENS



FILLED

**JACKET
POTATOES**

